Persistence
If you have talked to your children and listened to our awards on Fridays, you would realise that we put quite an emphasis on persistence. The following article supports our stance and gives some ideas and advice about this important aspect of your child’s personal growth.

“Persistence and patience have a magical effect before which difficulties disappear and obstacles vanish.” John Quincy Adams

The ability to persist at a task and see it through to the end is one of the most important attributes of success that you can develop in a child. There are numerous times every day when children must persist rather than give in. A young child learning to tie shoelaces must persist. A primary aged student must show determination to finish tasks and a secondary student needs to work through difficulties, particularly those he/she doesn’t understand or complete right away. They need to be able to persist when work gets hard or life gets tough. They need the ‘stickability’ to work through difficulties and hang in there when things don’t go their way.

Some children are more naturally predisposed to persist than others. They have a determined, even competitive streak in their temperament that doesn’t allow them to give in. These children and young people can drive themselves very hard to succeed. The results of the Australian Temperament Project show that persistence is the one temperamental factor that can be improved over time. Parents and teachers can develop persistence in children and also impede its development by making life too easy for children so that they don’t have opportunities to persist or hang in there.

Parents can promote persistence by encouraging their children to keep going and not give in at the slightest hurdle or difficulty. Parents can be a sounding board for children’s gripes but they should show confidence in their ability to cope and get through their difficulties.

“You can do it” is far more powerful in terms of promoting an attitude of persistence than “if it is a little too hard then try something else.” Let children know that there is a correlation between effort and success. In fact, they need to learn that by giving effort they will more than likely experience more success. The ability to persist in the face of difficulties may be an old-fashioned quality but it is one of the best success attributes that children will ever develop.

Here are four practical strategies you can use to promote a sense of persistence in your children:
1. Develop a vocabulary for persistence.
   Words like “Hang tough”, “Work Hard” and “Hang in there” can become part of their everyday vocabulary.
2. Point out to children when they stick at a task.
   Most parents know it pays off when they catch their children being good but it also pays off to catch them being persistent. The behaviours you focus on as parents expand so let them know when they have been persistent. Also remind them that persistence generally pays off.
3. Help children to remember times when they experienced success by “Hanging in” when they were younger. Let them know that persistence has paid off before and it will again.
4. Talk about “Hard work” with your children.
   They need to understand that to be successful they need to do things that are not fun or easy. While it would be good if all work and learning was fun, in reality, this is not always the case.

Prep Students

Tomorrow is the last Wednesday when attendance is not required for our Preps. Next week, all Prep students will attend on a full-time basis; that is every day. Thank you to all parents for bringing along their child for their “school entry” assessments.

Helen Miller
Principal
Family Barbecue Evening

We couldn’t have asked for a more enjoyable time at our family evening get together. The cultural food was superb, music and dance was marvellous, jumping castle was fun and the company was fabulous.

The weather was not so kind but we are fortunate to have such wonderful and thoughtful families who attended on the night despite the threat of nasty weather. It gave us a chance to catch up and get acquainted with your family.

We especially enjoyed our evening conversations over some lovely samples of International cuisine. We appreciated all your efforts and time in making this a memorable night.

Thank you very much and we look forward to seeing you again at our Parent Teacher interviews next week.

Kind regards,
Reservoir Primary Staff

DIARY DATES

26th February  
No School for Prep students
Camp Doxa students leave at 9:15am

28th February  
Camp Doxa students return at
Approximately 2:15pm
Assembly at 3:00pm

4th March  
Swimming – Groups 5/6/8/9/10/11

5th March  
Parent / Teacher Interviews
2:00pm – 6:30pm

10th March  
Labour Day Public Holiday

11th March  
Swimming – Groups 5/6/8/9/10/11

17th March  
Athletics at Meadowglen for senior students

18th March  
Swimming – Groups 5/6/8/9/10/11

19th March  
Ride2School Day

25th March  
Swimming – Groups 5/6/8/9/10/11

4th April  
Last day of Term 1

CAMP DOXA

Just a reminder that Camp Doxa students assemble at the canteen area in the morning by the O’Connor Street entrance. The bus will leave at approximately 9:15am. All medication needs to be taken to the Staffroom.
BIRTHDAY GREETINGS

“Happy Birthday” to

Zara, Kholod, Charlene, Ben Junior, Litia, Laila I., Alice V. and Zafirah

who are all celebrating their birthdays this week.

STUDENT OF THE WEEK AWARDS

Congratulations to the following children who were presented with Student of the Week / Achievement / Encouragement Awards on Friday at assembly:

The You Can Do It Award was presented to Group 12
For being organised in returning all their parent notes

WANTED!!
GARDEN HELPERS

For any parents wishing to help out in the garden Laura is looking for some helpers on Friday at 1:30pm!!
If you are free and would like to help out just come along and join Laura.
Thank you

EDUCATION MAINTENANCE ALLOWANCE

If you have not already lodged a claim for the Education Maintenance Allowance please bring your Healthcare card or Pension card to the office. Most families would have already applied when you were given your children’s books. Applications close on the 28th of February 2014.

CALLING ALL RESERVOIR PS PARENTS AND CARERS
Parents Association

Would you like to participate in the school community, share your skills, and make new friends?

We’re keen to hear from parents and carers who are interested in forming a Parents Association for fun, friendship, fundraising and other projects. Research shows that parental involvement at school has a positive effect on children’s learning. We’d love to talk to you and hear your ideas about how together we can strengthen the RPS school community. Don’t be shy – everyone, and all ideas, are welcome!

If you’d like to register your interest or find out more, contact Beth Dolan (Thomas’s mum) on 0425 836 451 or email bdolan@fastmail.com.au. Or leave a message at the school office and we’ll get back you.

Once we have an idea of the level of interest we will organise a meeting to discuss the purpose and scope of the group, possible meeting times and places, and other details.

We look forward to hearing from you!

SCHOOL NURSE FORMS

All Prep students were given an envelope and questionnaire to be completed for the School Nurse. If you have not returned yours yet could you please do so as soon as possible? Thank you.

WANTED!!!

The Science program needs 1 Litre ice-cream container lids. If you are able to assist please send them along to the office.

FREE BIKE CONFIDENCE COURSES FOR DAREBIN PARENTS

City of Darebin is offering free bike confidence training sessions in Term 1 for parents of primary school aged children in an effort to encourage families to ride together more. Our first round of training sessions for parents ran in November 2013. All six sessions booked out and feedback from participants was overwhelmingly positive.
Classes commence on: Sunday 2nd March 9:30am – 12pm OR 1:00 – 3:30pm at Preston West Primary

For bookings contact stephanie.preston@darebin.vic.gov.au or 8470 8506
Note: You will need to bring your own bike along. All
Barista Basics—March 2014, Term 1
Want to work in the Hospitality Industry?
Learn how to prepare espresso coffee using a commercial espresso machine in our Barista Basics course.
Location: Merrilands Community Centre
Time: 9.15am—3.15pm
Days & Dates: 4 sessions - Tues 11th, Wed 12th, Mon 17th, & Wed 19th March 2014
Statement of Fees: $28 plus Service & Amenities fee $10 conc./$25 non-conc. Fee for Service: (not eligible for subsidised training) $215 plus S/A.

Retail Industry Placement Program
The program is suitable for a person wishing to gain retail, customer service and sales skills plus work experience in the retail sector.
Location: Merrilands Community Centre (MCC) & Northland Youth Centre (NYC)
Days: Tuesday (MCC) & Thursday (NYC)
Time: 9.30am—2.30pm
Dates: Tues. 18th March to Thurs. 15th May 2014 (includes 1st week of school holidays @ MCC)
Duration: 8 weeks + 40 hours Work Placement Cost: $50 Conc. $130 Full Fee plus Service & Amenities fee $10 conc./$25 non-conc. Fee for Service (not eligible for subsidised training): $990

For more details ring PRACE on 9462 6077 or visit our website: www.prace.vic.edu.au

SealPony Soccer
SealPony Soccer is a developmental & participation program that introduces boys and girls aged between 5–10 to the game of football (soccer). It focuses on teaching the basic skills.
* Fun games & activities *
Great giveaways
For more information call Joe (0415-388-028)
E-mail: jyamen@optusnet.com.au
Time: Every Sunday Morning
Starting Date: 9th of March 2014
Registration Date: Saturday 10 am – 11 am
22nd of February 2014
Address: James Street Reserve
Heidelberg Heights 3081

Top 5 reasons why being a student is better than being a teacher:
We can make the teachers jealous when we eat because they don’t have any food.
We don’t have to find normal clothes to wear everyday.
We don’t have to type homework.
We have more time off.
Because we don’t have to teach.

Top 5 reasons why it’s great to be back in school after the holidays:
We get to see our friends.
Get to see our teachers.
We get brand new equipment.
We get to design our classroom.
We go to places like Pit Gym, swimming and athletics.

Top 5 reasons why Grade 5 is better than Grade 4:
We write on smaller lines.
We have more sport preferences.
We are classified as the older kids.
We do ‘Earn and Learn’.
We get our pen licence.

Top 5 reasons why senior school is better than Prep:
We get our own things like pencil cases.
We get to use pens.
We get to write on smaller lines.
We challenge our mind with harder work.
The best is...... we get extra responsibilities like ‘Minister’ and bell monitors.

Top 5 reasons why it’s good to be back at school:
We get to see our teacher, Mrs Angelevski!!
Doing athletics instead of work.
Getting to talk about our holidays.
We get to use the ipads.
Playing with all of your friends!! But school is not better than the Holidays remember!!
**Top 5 reasons why it’s great to be a Grade 6.**

We have our Year 6 Day Out.
The teachers love us more!
We get our Year 6 jumpers.
We graduate from Primary School.
And the top reason is we get to break away from Primary School! Finally.

**Top 5 reasons why our school is the best:**

My teachers are helping me to learn English. Our school has some of the best teachers around. It’s very strict on what’s right and what’s wrong.
Our school is really old, it’s about 99 years old.
Our school is located in a safe environment.

**Top 5 reasons why our school is the best:**

We get to have double storey buildings.
Every week we have Subway orders.
We get to use ipads for researching!
We have the best experienced teachers.
We have the most premiers in Athletics.

That’s why we think Reservoir Primary School is the best!!

**PARENT EVENING PHOTOS**
Subway lunches are on FRIDAYS ONLY - orders are collected on THURSDAY at 9.00am

Place money and order in an envelope or bag marked clearly with child's name and Group and give to the classroom teacher. Separate orders are required for each child. Correct money is required, no change will be given.

Please note that Subway do not put butter on their rolls.

** PLEASE MAKE SURE YOU CIRCLE WHICH NUMBER YOU WISH TO ORDER – YOU ALSO NEED TO CIRCLE WHAT SALAD ITEMS YOU WOULD LIKE

| CHILD’S NAME ……………………………………………………………………………….. GROUP …………….. |
|---------------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 1. Six inch Vegetarian Delight Sub: | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $4.40 |
| 2. Six inch Sub: Ham | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $4.70 |
| 3. Six inch Sub: Chicken Pieces | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $6.30 |
| 4. Six inch Sub: Roast Beef | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $5.70 |
| 5. Six inch Sub: BMT (Salami & Ham) | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $5.80 |
| 6. Six inch Sub: CLUB (Ham, Turkey & Roast Beef) | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $5.80 |
| 7. Four Inch Sub: Ham | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $4.10 |
| 8. Four Inch Sub: Turkey | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $4.10 |
| 9. Four Inch Sub: Roast Beef | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $4.10 |
| 10. Four Inch Sub: Chicken Pieces | Cheese | Lettuce | Tomato | Cucumber | Carrot | Salt / Pepper | Mayonnaise | $4.60 |
| 11. 80 cents for a Cookie | | | | | | | | $0.80 |
| TOTAL money enclosed | | | | | | | | $ |

Please Note: Late orders will not be accepted