

Newsletter

News from Reservoir Primary School

Reservoir
Primary School



No: 5
4th March, 2014

PRINCIPAL'S NOTES

Parent Teacher interviews

We hope to see you all tomorrow afternoon and/or evening. This is a time to share any information and find out how your child is adjusting to their new class routines. From my perspective, the school has begun the year extremely well. All our curriculum programs are well underway including the necessary assessment of all our new students.

Now that we have settled into the school routines, most of our students are happy arriving at school – mostly on time. However a few parents still need to make sure they are up and organised. Kids don't like walking into their class late... it makes them different from all of their friends.

If you are having problems in the morning getting your kids motivated and moving, or even getting them into bed on time, the following article by Michael Grose may give you some ideas.

Making School Drop Offs Hassle Free

There are a number of trouble spots for parents, and they have one thing in common. They all occur around a child's transition from one activity or place to another.

Transitions from play to dinnertime, television to bedtime or from bed to the breakfast table are common battlefields for parents. Kids want to do one thing, yet family requirements mean that they have to do something else. A battle can ensue with children dawdling, whining or refusing point blank to budge! Parenting is always hard work at these times.

One common transition challenge occurs at school-drop-off time. Some kids are passive resisters on a deliberate go-slow. Others more actively resist their parents' efforts to get them to school with tears, tantrums or tiredness.

Children's tears at drop-off time play at the heart strings of compassionate parents, particularly those who feel guilty about leaving their child. Tantrums are another way children keep parents busy and their complaints about being too tired indicate that perhaps an earlier bedtime is in order.

Usually it's children in the early years of primary school who present most difficulty at school drop-off times. Essentially these drop-off problems are separation issues

that can easily be resolved by supportive teachers and some tough love parenting.

It's worth remembering that a developmental task for children is to separate from their parents, so that they can benefit from being around other adults. Parents who resist this imperative, allowing their child to cling to them are doing their youngster a disservice.

If dropping kids off at school in the morning is a problem here's a few ideas that may help. Your aim as a parent is to establish a new pattern of behaviour for your child in the morning, particularly as you approach the school gate or classroom door

Go through the morning and drop-off routine with your kids. Make sure everyone knows what's expected. Work out your jobs and those that the kids need to do then stick to this arrangement. For instance, it may be your job to make school lunches but it's up to kids to put them in their bags.

Drop kids off, turn around and go: If you have a child who likes to keep you busy each morning with tears or tantrums then you may have to take the 'tough love' approach. Say goodbye using a firm voice, turn around and leave. Don't look back. Most kids settle down at school within five minutes of being dropped off. Parental lingering only makes matters worse for children and teachers. Teachers are experienced at helping kids settle into the school routine, so allow them to take over.

Reaffirm their efforts later: If your child begins to go off without tears or tantrums after a long period of difficult departures then make a bit of fuss when you see them later in the day. Don't go overboard with tangible rewards or bribes. Parental recognition, genuinely given is a huge driver for most kids.

Wean your child off you: If your normal habit is to drop your child off at the classroom door each morning, try saying goodbye at the school gate every now and then. The aim is to make your child less, rather than more reliant on you.

If problems continue then it's worth consulting your child's teacher or welfare coordinator, carefully outlining the issue. Be prepared to be coached on this issue, trusting the approach that your school advises.

Teachers generally have experienced this type of separation anxiety before and understand when it's within children's capacities and when they may need extra help to cope. It makes good sense to trust their judgement. From my experience, it's usually spot on!

CAMP DOXA



Thank you to all the parents who prepared their children so well for our School Camp last week. But even more importantly; Thank you to the teachers who gave their time 24/7 to make sure your children had a great time in a safe and happy environment.

By the sound of it, and judging by the photos I've seen, everyone had a terrific time!

Here are just a few samples of the fun they had!



DIARY DATES

- 5th March Parent / Teacher Interviews
2:00pm – 6:30pm
- 10th March **Labour Day Public Holiday**
No School For Students
- 11th March Swimming – Groups 5/6/8/9/10/11
- 14th March School Council Nominations close
- 17th March Athletics at Meadowglen for senior students
- 18th March Swimming – Groups 5/6/8/9/10/11

19 th March	Ride2School Day Year 5's attend Reservoir High School
24 th March	Year 5's attend William Ruthven Secondary College
25 th March	Swimming – Groups 5/6/8/9/10/11
4 th April	Last day of Term 1 Assembly: 1:15pm Students Dismissed: 2:00pm

CALLING ALL RESERVOIR PS PARENTS AND CARERS
Parents Association

Would you like to participate in the school community, share your skills, and make new friends?

We're keen to hear from parents and carers who are interested in forming a Parents Association for fun, friendship, fundraising and other projects. Research shows that parental involvement at school has a positive effect on children's learning. We'd love to talk to you and hear your ideas about how together we can strengthen the RPS school community. Don't be shy – everyone, and all ideas, are welcome!

If you'd like to register your interest or find out more, contact Beth Dolan (Thomas's mum) on 0425 836 451 or email bdolan@fastmail.com.au. Or leave a message at the school office and we'll get back you.

Once we have an idea of the level of interest we will organise a meeting to discuss the purpose and scope of the group, possible meeting times and places, and other details.

We look forward to hearing from you!

BIRTHDAY GREETINGS

“Happy Birthday” to



Rory, Drew, Carlos, Clara, Eliza and Trinity

who are all celebrating their birthdays this week.

GARDEN PROGRAM

If you are interested in finding out more about being involved in our Garden Program or helping out on the committee there will be a meeting next **Tuesday 11th March at 9:00am.**



SCHOOL COUNCIL NOMINATIONS

School Council nominations close on Friday the 14th March 2014. Nomination forms are available at the office. There are currently 3 positions available on the School Council committee. If you would like to find out more details please call at the office.

STUDENT OF THE WEEK AWARDS

Congratulations to the following children who were presented with Student of the Week / Achievement / Encouragement Awards on Friday at assembly:

Rital, Marshall, Angus, Abbey S., Parth, Khen, Sophie, Nathan, William W., Brad, Leah, Trang, Izabella D., Simeon, Mia A., Amber, Besi, Jasmeet, Litia, Jessica, Clara, Neisha, Amelia, Aran, Joshua S., Ibrahim A., Kayla, Rafael and Ellen.

The ***You Can Do It Award*** was presented to ***Group 1*** ***For being organised when changing their home readers***

SCHOOL NURSE FORMS

All Prep students were given an envelope and questionnaire to be completed for the School Nurse. If you have not returned yours yet could you please do so as soon as possible? Thank you.

Hello my name is Katrina Wilson O'Brien. I am a piano teacher who has relocated my teaching studio to Barry Street Reservoir. I have lesson times available for new students in 2014. If you think you'd like to give piano a try or if you are looking for a teacher to continue studies for you or your child get in contact to find out more about lessons.

I enjoy creating a fun learning environment for all ages. For more information: mobile 0415 107 190 or katwilsonobrien@gmail.com

CHARLES LA TROBE COLLEGE
235 KINGSBURY DRIVE, MACLEOD WEST

Charles La Trobe College are conducting a Year 7 Open Night on Tuesday 25th March 2014. School Tours are at 5:45pm and the Principal's Address will be at 6:30pm.

There are weekly college tours on Wednesday and Friday at 9:30am.

Academic Scholarships offered to Year 7, 9 and 11.

For more information go to www.charleslatrobecollege.vic.edu.au or phone 9223 1400.

CAMP DOXA PHOTOS



SUBWAY LUNCH ORDERS 2014

Subway lunches are on **FRIDAYS ONLY** - orders are collected on **THURSDAY at 9.00am**

Place money and order in an envelope or bag marked clearly with child's name and Group and give to the classroom teacher. **Separate orders are required for each child. Correct money is required, no change will be given.**

Please note that Subway do not put butter on their rolls.

**** PLEASE MAKE SURE YOU CIRCLE WHICH NUMBER YOU WISH TO ORDER – YOU ALSO NEED TO CIRCLE WHAT SALAD ITEMS YOU WOULD LIKE**

CHILD'S NAME GROUP

1.	Six inch Vegetarian Delight Sub: Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.40
2.	Six inch Sub: Ham Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.70
3	Six inch Sub: Chicken Pieces Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$6.30
4.	Six inch Sub: Roast Beef Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$5.70
5.	Six inch Sub: BMT (Salami & Ham) Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$5.80
6.	Six inch Sub: CLUB (Ham, Turkey & Roast Beef) Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$5.80
7.	Four Inch Sub: Ham Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.10
8.	Four Inch Sub: Turkey Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.10
9.	Four Inch Sub: Roast Beef Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.10
10.	Four Inch Sub: Chicken Pieces Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.60
11.	80 cents for a Cookie	.80
TOTAL money enclosed		\$

Please Note: Late orders will not be accepted