



### PRINCIPAL'S MESSAGE

**Welcome back to all families; I trust you had a wonderfully relaxing and happy two weeks, without the daily routine of school. Children seemed very pleased to be with their friends again today so we now look forward to a productive eleven weeks this term.**

The following article may challenge your ideas and practices, but all information comes from Michael Grose – child psychologist and accepted expert on parenting.

#### **Responsibility vs Redundancy!**

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

The basic task of parenting, whether you have a two year old or a twenty-two year old, is to work yourself out of a job at the first possible chance.

**Redundancy** should be the aim of the game! We never become redundant in a relationship sense – the emotional connection between our children and us is never severed.

In a practical, physical way we need to make children less, rather than more, reliant on us.

Developing independence is really about stepping back to allow children in. Doing less rather than more!

We develop greater independence in our kids one job at a time.

#### **We easily take on children's responsibilities**

It is easy as parents to take on the jobs and responsibilities that really should belong to our children. With toddlers it is so easy to dress, feed and clean up after them rather than give these jobs over to them.

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

And as I discovered, it is easy to still do the basics of life for adult-aged children.

#### **TIP NO. 1 for developing independence:**

Be clear about who owns jobs or tasks in your family and never take on a child's job, or part of a task, unless there is extenuating circumstances such as illness.

A mother I met recently is very clear on who does what in her home. It is her job to wash the clothes of her early teenage children but it is their job to place them in the washing basket. She doesn't check bedrooms as it is not her job to place kids' clothes in the washing basket.

Okay, I can hear your thought processes. Sounds good but what happens if kids don't give a toss and they don't mind being dirty.

Good point. In this case, this mum has a son who is, to say the least, fairly slack in the area of hygiene. But she didn't become overly fussed about that.

She certainly didn't get fussed when he played a game of football in the wet, muddy jumper that lay in his sports bag for a week. And she happily showed him how to work the washing machine when he wanted his favourite shirt (that he forgot to put in the washing basket) to be washed for a special night out.

#### **TIP NO. 2 for developing independence:**

Never be more worried about a child's job than they are, otherwise it becomes your job, not theirs.

This mum remained very clear that it was her job to wash the clothes but not to place them in the washing basket. She would remind kids about washing night, but never nag them to put clothes in the basket. She knows that as soon as she keeps reminding them, it becomes HER job rather than her children's job to put the washing in the clothes basket.

**Here's a challenge for you:** Think of a job that you regularly do for your child that he or she can do for him or herself. Then step back and enable your child to do that for themselves on a full-time basis. Do less not more for your kids.

If you do that, then you can congratulate yourself as you have moved one step more toward **Redundancy!**

**IMPORTANT NOTICE!**

**Starting on Friday 24<sup>th</sup> April (next week) assemblies will be held at 9.05am instead of 2.45pm**

**SMOKING:** a number of parents are in the habit of smoking at the school gates.

New regulations are now in place prohibiting smoking within 4 metres of any school entrance.

In the interest of the school community, **please refrain from smoking anywhere near our school entrances.**

Signs will be put in place soon to remind you.

**Term Two is already looking like a busy one:**

excursions already planned

cross country event

reporting program for all students

Travelling Kitchen for 3/ 4 classes

Education Week

Crazy Hair Day already planned

sport begins for senior students,

further school photos will be taken

Science incursions

Annual General Meeting

visits by firemen to Preps

And of course a major component of our core business, teaching and learning necessitates the implementation of a variety of formal assessments including NAPLAN for children in years 3 and 5

***Annual General Meeting***

This meeting will be held on Monday 4<sup>th</sup> May. It is a School Council meeting, but one that we invite all parents to attend. The school's Annual Report and the financial reports for 2014 shall be tabled. Put the date in your diary.

***BABY NEWS!!***

***Courtney Baker is now the proud mother of a very gorgeous little girl,***

***Matilda Charlotte  
Born 28 / 3 / 2015  
3720 grams***



***And more baby news:***

Emily Russo is excited to share her news that she is also expecting a baby.

Emily will take leave half way through term three.

Congratulations to both our teachers; mother and mother-to-be.

***Newsletters:***

***As some of you may be aware, we are having a little difficulty in sending the link to some email addresses. We are addressing this, but in the meantime, my advice is to go directly to our website and you will find the newsletters (and lots of other interesting things) there. [www.reservoirps.vic.edu.au](http://www.reservoirps.vic.edu.au)***

***Helen Miller  
Principal***

## DIARY DATES

24 <sup>th</sup> April	Interschool Sports – Senior Students	18 <sup>th</sup> May	Education Week
29 <sup>th</sup> April	Cross Country – Edwardes Lake	20 <sup>th</sup> May	School Photos
4 <sup>th</sup> May	School Council Meeting – 7:00pm Annual General Meeting	8 <sup>th</sup> June	Public Holiday (Queens Birthday)
		26 <sup>th</sup> June	Last Day of Term 2

**'Birthday Greetings'** to the following students who are celebrating a birthday in the next two weeks:

**James S.S., Jianing, Makelita, Denholm, Alita, Neisha, Adriana, Ellen and Maryam W.**



### Student Awards

Congratulations to the following students who were presented with **Student of the Week** at Assembly on the 20<sup>th</sup> March.  
**Jordan M., Anhad, Zahraa D., Mia A., Tasleen, Adrian, Gemma, Oscar, Hayden, Marcus, Peter, Gina, Kayda, Ghadeer, Keith, Aqeel, Benjamin N., Summer, Melak, Ayden, Tulin, Ayoub, Maryam W., Hala A., Viktoriia, Muhammad B., Jolin, Corey, Eliza, Alita, Miljan, Maddie, Litia and Ellen.**

**"The You Can Do It"** award was presented to **Group 13**  
**For always encouraging each other and celebrating each other's achievements**

Congratulations to the following students who were presented with **Pancake Parlour Awards** at Assembly on the 27<sup>th</sup> March.

**Samantha, Chloe Y., Olivia, Yunes, Eve, Soumaya, Navrose, Akram, Makelita, Adam, Victoria W., Bridgette, Amy M., Audrey, Oscar and Zach D.**

### GOOD FRIDAY APPEAL:

Thank you very much to all the families who donated to the Royal Children's Hospital Good Friday Appeal! We raised \$410.00 which was a fantastic effort.



### TERM 2 SPORTS

During Term 2 the Year 5 and 6 students will participate in Interschool Sports on Fridays. A permission note has been sent home yesterday.

Students in Years 3 – 6 will also be training for the Cross Country events if they are interested. The Cross Country will be held at Edwardes Park Lake on the 29<sup>th</sup> of April.

### **EASTER RAFFLE:**

Our Easter Raffle raised \$848.00!!!! Awesome effort! Once again thank you to our generous families who donated and bought raffle tickets. I'm sure there were a lot of happy children who went home with Chocolate Easter eggs!

## COBURG NETBALL ASSOCIATION:

Would you like to play Netball?? In Australia over 1.2 million Girls and Boys do.  
Friendly local Netball is on Fridays at Coburg Basketball Stadium, 25 Outlook Road North Coburg.  
Teams and players are welcome!  
Beginners program starts in Terms 2 and 3.  
Contact our Netball co-ordinator: email [coburnetball4gabrielle@gmail.com](mailto:coburnetball4gabrielle@gmail.com) or phone 9355 7200 and we can return your call.

## UNIVERSITY HIGH SCHOOL:

Open Day at University High School is on Thursday the 30<sup>th</sup> of April.  
2:00pm – 3:00pm or 7:00 – 8:00pm.  
Discover the University High School's Year 7 Acceleration Program for Gifted Students.  
Tours of the Elizabeth Blackburn School of Sciences are also available.  
Additional academic and music places are available for Years 7-12

The University High School's SEAL Program, the Acceleration Program, which commenced in 1981, is the longest running and most stable program in Australia. It has become an integral element of the school's culture and community.  
*Please apply for the Acceleration Program via the link on our school website [www.unihigh.vic.edu.au](http://www.unihigh.vic.edu.au) The closing date for applications is Friday May 1<sup>st</sup> 2015.*

The following selection procedures will be used to identify students for the 2016 Year 7 intake:

1. Test administered by Edu Test on Saturday May 9<sup>th</sup> at 9:00am at the University High School.
2. Interviews with shortlisted applicants and their parents/guardians.

The Acceleration Program at The University High School is designed to:

- *Challenge:* The subjects studied are sufficiently advanced and delivered at a pace to sustain interest and challenge the learners in the program.
- *Offer Breadth and Depth:* Students are given the opportunity to undertake a range of subjects across the domain areas and are encouraged to explore special areas of interest to a high level of expertise.
- *Provide Complexity:* The curriculum reflects the capacity of learners to engage in abstract thinking and conceptualisation to a high level.

For more information visit our school website and join us on our Open Day on Thursday April 30<sup>th</sup>.

## ANZAC APPEAL:

Honour and Sacrifice

The ANZAC Appeal is an initiative of the Returned and Services League of Australia (RSL). They are dedicated to assisting current and former members of the Australian and Allied Defence Forces and their dependents in need.

During the next few weeks we will be selling:

Pins (2 styles) - \$2.00 or \$5.00

Wrist Bands - \$3.00

Tags for Bags - \$4.00



Let's donate towards this great cause and give back to those who sacrificed their lives for our country.  
Lest we forget.

**Thank you – Maria Phokos and the Junior School Councillors / Young Leaders.**

## VISUAL ART UPDATE – What's new in term 2!



Welcome back to an exciting term in the visual art department. We have lots of exciting art activities planned for this term including our Food glorious food unit. This term will allow students to explore and create artwork using various clay mediums. We will study artwork by famous food artist Wayne Theibaud and focus on the art elements of shape, color, texture and value. We will keep you posted with photos throughout the term.





Our other exciting news is that our school has a new cow! As part of the Picasso Cow initiative organized by Dairy Australia our school will participate in an exciting community project that will see our school decorate a life size fiberglass cow. This project involves many different learning goals including assisting students with drawing and painting, learning about the Australian dairy industry and the health and nutrition benefits of dairy foods as part of a balanced diet as well as working together to achieve a common goal for the benefit of the whole school.

As you might imagine, this will be a big project so we are asking members of our school community if they might like to contribute something to the project. It may be your time, a specialist skill or even advice, so if you are interested please do not hesitate to contact the school as every bit of help will support us in achieving an outstanding result.

If you would like more information about the project visit the website:



<http://www.dairy.edu.au/discoverdairy/teachers/picasso-cows>

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**ARE YOU THE NEXT BROWNLOW MEDALIST?  
RESERVOIR AUSKICK**

Crispe Park, Gloucester Street, Reservoir

**Wednesday 5.00 – 6.30 pm**

(Parents - leaves your Saturday and weekend free!)

Season kick off - **Wednesday 15<sup>th</sup> April 2015**

Join us at Crispe park for Kick Off!

Sausage sizzle – see you there!

Register & pay online now

\$86 for 15 Clinics and a backpack full of footy goodies, posted directly to your door.

[www.aflauskick.com.au](http://www.aflauskick.com.au)

choose Reservoir in the locator and then choose register.

***Reservoir is the only Centre to offer  
Wednesday evening Clinics.***

Any queries please call Linda

Auskick District Manager 0412 485 156