

RESERVOIR PRIMARY SCHOOL

NEWSLETTER No. 9 21st June 2017



REPORTING

Reports will be released via COMPASS on Thursday this week.

Each report will appear as an attachment for you to open, download and / or print – whichever you prefer.

Interview Bookings have now closed.

If you have not made an appointment, you will need to contact us.

Interviews start at 10.00am on Wednesday 28th June.

Please make sure you are here just before your allocated interview time.

Children do not come to school for a normal day, however they are expected to attend the interview with you.

It's hard to believe that next week is our final one for the second term – mid-year already! So much has taken place:

- School Camp
- Staff changes: Sonia Boots, Miriam Marash and Sian Petricevich on leave; being replaced by Suzy Vines, Esin Dincer and Samantha Knight.
- Inter-school sports program
- Cross Country events
- Incursion for Years 3 and 4 by CERES
- Incursions for Years 1 and 2 on Robotics
- Dental and Nurse visits for many students (including dental hygiene classes for everyone)
- Feed Melbourne Appeal (rice and pasta)
- Ride to School days each month
- Travelling Kitchen
- NAPLAN for years 3 and 5

And that all adds to the wonderful presentations that classes have been making at assemblies, the growing confidence and skills of our students in presenting reports and information to the school community is terrific to see.

You may also have had discussions with your children about sustainability; all classes have had a focus on aspects of this, and visiting speakers, visits to local venues and work produced are impressive.

- The most recent event of course was our Soup Day.

A big thank you to all parents who either donated vegetables or came along on Tuesday to prepare and serve almost three hundred cups of soup!



This will be the last newsletter before the holiday break, so please enjoy the time with your families, make sure your children relax and have time to rest. It has been eleven weeks of daily learning and socialising. It has recently been noted how many families are finding it difficult to get their kids to school before 9.00am. (twenty-eight students on Monday)! So maybe it's time to really relax, but at the same time prepare for next term by getting in some early nights before the new term begins.

CONFIDENCE! CONFIDENCE! CONFIDENCE!

Another interesting article by Michael Grose.

Does your child avoid situations?

One twelve year old girl avoided most situations that involved risk of failure or messing up.

Sitting tests at school; singing in the choir; or going to a party where she knew no one was always stressful.

When pushed by her mother Miss Twelve said, *"I just can't stand the pressure!"*

This attitude obviously worried her mother.

Yet when it came to basketball she **thrived on pressure**, and she just loved to throw goals from the pressure spot – the free throw line. She even threw the winning points from the free throw line to get her team over the line in a recent grand final.

The key of course was **practice!**

Miss Twelve spent most of her free time with a basketball in her hand. There was a free throw line drawn on the family driveway where she shot from almost every day after school.

With all the **practice** it was little wonder she felt **confident** shooting for goal.

The same principle applies in all areas of kids' lives. The more they experience something the more confident they become.

- If you want kids to feel **confident** eating out, then turn your family mealtime into a restaurant experience once a week so children feel confident using manners.
- If you want a child to feel **confident** on the telephone let them practise answering the phone. Even get young children to practise on toy telephones.
- If you want a child to feel **confident** meeting new people, then turn meeting and greeting into a fun game at home.

Stress and pressure always retreats when kids practise behaviours in low or no stress situations.

Don't add stress by insisting kids do everything right. **Close is good enough as long as effort is up.** It's a mistake to wait until kids do things (*make beds, spell words, play musical instruments*) really well before we give them positive reinforcement.

There are only two reasons kids can't do anything. One is lack of skill and the other is lack of confidence. So kids will only practise things where they feel confident of success.

So be **encouraging, patient** and **affirming** and be assured that kids will **acquire competence with practice.**

And **competence** usually brings **confidence**.....with anything your child does!

And similarly for adults I think! Accessing Compass regularly will make it easier as confidence grows.

Enjoy the break!

**Helen Miller
Principal**

'Birthday Greetings' to the following students who are celebrating a birthday in the next two weeks and during the school holidays:

Samoo, Sophia, Kailasnath, Oscar B., Aleta, Samantha, Hunter T.A., Ceyhun, Daniel, Chaltu, Brandon, Noah P., Navreet, Jomore, Dominic, Elaine, Adina, Ruby, Charli H., Zaira, Jasleen and Layan.



DIARY DATES

23 rd June	Group 4 are performing at Assembly at 9:05am	1 st August	Scholastic Book Fair Commences at 3:30pm
28 th June	Reporting Day – <u>No School for Students</u>		Foundation & Year 1/2 Pit Gym
30 th June	Last day of Term 2 Assembly 9:05am <u>School finishes at 2:00 pm</u>	2 nd August	Scholastic Book Fair 8:30am-9:00am & 3:30pm-4:15pm
*****		3 rd August	Scholastic Book Fair 8:30am-9:00am & 3:30pm-4:15pm
<u>Term 3</u>		4 th August	Scholastic Book Fair 8:30am-9:00am & 3:30pm-4:15pm
17 th July	Term 3 Commences		School Dental Van returns
24 th July	School Council Meeting 7:00pm	7 th August	Pit Gym – Year 3-6 Foundation & Year 1/2 Pit Gym
	Pit Gym – Year 3-6 Foundation & Year 1/2 Pit Gym		Camp Woorabinda
25 th July	Foundation & Year 1/2 Pit Gym	8 th August	Foundation & Year 1/2 Pit Gym
27 th July	Ride2School Day	14 th August	Pit Gym – Year 3-6 Foundation & Year 1/2 Pit Gym
31 st July	Pit Gym – Year 3-6 Foundation & Year 1/2 Pit Gym	15 th August	Pit Gym – Year 3-6 Foundation & Year 1/2 Pit Gym

STUDENT AWARDS:

Congratulations to the following students, who were presented with ***Student of the Week*** awards at Assembly on the **9th of June 2017:**

Salina, Jomore, Angelinia, Georgia, Mia F., Zaira, Iesha, Ali R., Mia S., James Z., Krrish, Makelita, Thomas B. and Jessica T.

Congratulations to the following students, who were presented with ***Achievement*** awards on the **9th of June 2017:**

Chris D., Manreet, Ruby, Arya P., Latifah, Aaliyah, Ahmed S., Afreen, Lucas, Yunes, Stephanie, Jad, Andy and Faris.

The *You Can Do It* award was presented to Group 2 for getting along in their team to complete an investigation on absorption.

Congratulations to the following students, who were presented with ***Student of the Week*** awards at Assembly on the **16th of June 2017:**

Aminata, Khalid, Parios, Ramon, Zahraa, Aadhvik, Riya, Maha A., Sajada, Tyler, Muklada, Ishita, Maddy T. and Navrose.

Congratulations to the following students, who were presented with ***Achievement*** awards on the **16th of June 2017:**

Jeremy, Khadija, Pundri, Bedrije, Angeldeep, Leo L., Muhammad B., Bhaveena, Thamir, Adem, Jad, Rory, Coco and Soumaya.

CAN YOU HELP??

Year 1 and Year 2 students are collecting Shoe Boxes for their Sustainability project in Term 3.

If you are able to assist please send along any donation of shoe boxes to the office.

Thank you.



INTERSCHOOL SPORTS REPORTS – 9th June 2017

Football:

It was a nice day to play footy, but the only thing stopping us from playing was the fact that Our Lady of the Way has no footy team. So instead, the footy team had a little practise match and Mr. Taylor split us up for a game for one half of the soccer team. When we finished our little practise match we watched the rest of the soccer game and some of us even got to play for the second half. Overall it was a really fun day and we hope we can have a nice game against Kingsbury and hope to win for our last match of the season.

Adem

We were all freezing when we started our game against Our Lady of the Way. It didn't take long for us to warm up. People were going fast and everyone on the team was shouting each other's names. It was a fair and skilful game. Although we lost, we had fun. The scores were Reservoir 1 and Our Lady of the Way 13. We are looking forward to our last game against Kingsbury.

Lily

Netball B:

As the whistle blew to start the game our hearts were pumping. Reservoir started with the ball and I was in the centre while Ishmeet was Goal Keeper. Thomas was Goal Defence, Tora in Wing Defence, Aran in Wing Attack, Safa in Goal attack and Jolin was Goal Shooter. Our Lady of the Way grabbed the ball and they scored a goal first but we hadn't put our heads down yet. It was their turn to pass from the centre. As they went to pass to one of their team players, I went in front and passed to Aran and Aran passed to Jolin who scored us a goal. By the 3rd quarter, the scores were Reservoir 6 and Our Lady of the Way 7. We grabbed the ball and scored another goal with Safa and Jolin's help in the goal shooting position. The scores were now 7-7, we were tied. But we then scored another goal which put us in the lead 8 to 7. Then everything changed and they had scored another 8 goals. The scores were now 8-15 so I grabbed the ball and passed to Aran who passed to Safa who scored us another goal. The whistle blew and the game was over. We would like to thank Our Lady of the Way for having us at their grounds and giving us a great game.

Zach

Soccer:

The whistle blew and the 1st half was underway. With less than 10 minutes left, Our Lady of the Way played unfairly and scored a goal. It was unlucky that no one saw the unfair play, but we accepted it and knew we had to play better. The 1st play ended 0-1. The sun shone brightly as the whistle blew for the second half. We had a change in our team. Matthew, a footy player, helped us score a goal which was unexpected. Now, the score was 1-1. It didn't take long for James to score the final goal. 2-1 was the final result, and we had won. Krrish, who was the captain for the match, left the school last week. He was a great player and had an excellent season.

Dominic

T-ball

As we came to the court we felt the wet grass. Our eyes were burning because of the bright sun and we were focused on winning. Before the game started we had a game of rock paper scissors. We lost. Our Lady of the Way had chosen to field. Vanshika was the first batter. She did a big hit but unfortunately, she got out. But we had many more chances. 3 people out. Side away! We kept on having side aways but not for Our Lady of the Way. We have all improved. We had 9 people on our team, those people were Vanshika, Priya, Ellen, Isabella, Giselle, Makelita, Rutvi, Tannaya and I. The scores were Reservoir Primary 20 and Our Lady of the Way 34. We had a fun and fair game. Today we are playing Kingsbury and we hope we will win this week's game.

Viktoriiia

INTERSCHOOL SPORTS REPORTS – 16th June 2017

Footy:

Last Friday was a great day to play interschool sport. The footy team was nervous. It was the year sixes last day for school footy. The whistle blew. The first quarter went very quickly ending with the score Kingsbury 3.0=18 and Reservoir 2.3=15.

The second quarter was dominated by Reservoir with Matthew and myself both kicking 2 goals. The score was Kingsbury 3.2=20 and Reservoir 3.4=22. In the third quarter the momentum changed with Kingsbury dominating and we were challenged. The scores were Kingsbury 4.5=29 and Reservoir 3.6=24. The final quarter message was play your best, have fun and get the win. Kingsbury dominated the early stages of the final quarter but we hit back. Matthew grabbed the ball for the final time in the match and he kicked a goal. The scores were Kingsbury 7.9=51 and Reservoir 6.7=43. At the end of the day we all had fun. Special mentions to Louis for kicking a great goal and Oliver for bumping down their ruckman. Thanks to Kingsbury for having a good game. Thanks to everyone in the team and Mr Taylor for coaching us.

Jordan

Soccer

What a nice and sunny day to play a game of soccer (sorry Dominic, people will get football confused with footy if I don't call it soccer). We won the coin toss and made Kingsbury shoot against the sun. The whistle blew and we kicked off. A few minutes later Yusuf scored a brilliant first goal. A few goals later, one scored by Hugo, James and another by Yusuf, and the first half ended. As the second half started and they kicked off we were pumped and wanted to win more than ever. As the minutes went by, the ball went out and it was our corner. I tried to whip it in but they blocked it and it came back to me. I took a shot and it deflected off their defender and went in. After that there was another great goal scored by Dureso and we thought that was it. But Kingsbury persisted and scored their first goal which was followed by some rough play. They scored one more goal and the final whistle blew. We won 6-2. We had a great game and season, and we would like to thank Mr. Briggs for being a great coach.

Ogi

Tee-ball

It was the last game of the season. We were hoping to win, we gave our introduction and the only thing in our mind was to win. I could remember all the memories of improving and trying. Mrs. Angelevski always said "it doesn't matter if you win or lose as long as you try your best and have fun." Priya was our first batter and she hit an amazing ball. She got home and we were all happy. Vanshika got out but she tried her best. Viktoriia got out but in the third innings she got home. Also she tried to catch a ball but she missed it and got hurt. We were proud of her even though she didn't catch the ball because she tried. Bella got out but she is an amazing batter. Makelita, Tannaya, Giselle and I got out. Kingsbury are really good catchers.

The scores were Kingsbury 39 and Reservoir 4. Even though we lost all 8 games we tried our best and I would like to acknowledge our coach Mrs Angelevski for supporting us in every single game and my team mates for trying their best.

Rutvi

Special events in Melbourne June and July

FREE 22nd June [Coder Dojo](#)

7-17yrs. Learn how to code, explore technology and develop websites, apps, programs and games. No prior coding or programming knowledge is required and computers are available for participants.

4:30- 6pm Bookings essential: Kathleen Syme Library and Community Centre, Carlton.

9658 7304 melbourne.vic.gov.au

FREE 14th June- 2nd July [Creatures of the Bay- Eco Community Art Exhibition](#)

See an artistic seabed created by five local schools from plastic waste the students and teachers have found. Gasworks Arts Park, Albert Park.

8606 4200 gasworks.org.au



Melbourne Museum

See our natural environment, our cultures and our history through different perspectives.

General Admission, Adults \$14 and Children Free

11 Nicholson Street, Carlton

Tram Route 86 or 96, Stop 12

Melbourne Winter Masterpieces [VAN GOGH and the seasons](#)

28th April 9th July 2017

Exclusive to Melbourne, National Gallery of Victoria



State library Victoria

Visit Australia's oldest public library and explore stunning spaces and free exhibitions.

Free tours daily.

Free lockers and wifi available.

328 Swanston St, Melbourne

CITIZEN ALERT June 20 to July 16

Under the heated Big Top at Birrarung Marr, Circus Oz are flying high with their new show Model Citizens, using everyday objects- clothes pegs, cotton reels and zips to flip out.

[Circusoz.com](#)

Opens 29th June 2017 Wallace and Gromit and Friends

The magic of Aardman

Book now at [Acmi.net.au](#)

Exclusive to Melbourne



Healesville Sanctuary

Wander through the tranquil tracks and meet iconic Australian animals including koalas, kangaroos, platypus, dingoes, wombats and emus. Enjoy feeding Australia's best loved birds and don't miss the thrilling shows and presentations. An hour's scenic drive from Melbourne.

Badger Creek Road, Healesville.

The Wind in the Willows

By Kenneth Grahame in a new version by Maxine Mallor

A fresh take on a classic adventure of fun for the whole family!

Friday 14th July: 3pm

Saturday 15th July: 11am

Darebin Arts and Entertainment Centre

Book tickets at: [darebinarts.com.au/loudmouth](#) or call 8470 8280

Shrek the Musical JR.

Fun for the whole family in the school holidays!

12th- 15th July 2017

Union Theatre, Parkville

[www.shrek-jr.com.au](#)



Fairy Day

24th June 2017

Whether you see them as small winged tenders of the deep natural places of the earth, or as tall stately figures with fair skin and hair, there's one thing for certain. The world has been absolutely captured by the Fairy Craze. These creatures appear on everything from mugs to t-shirts and have been the subject of children's fairy tales for years. Fairy Day celebrates these incredible mythological creatures that have captured the imagination of people everywhere and their diverse history.

History of Fairy Day

Fairies have existed in just about every culture over the world, though they may have been called by different names. What they have in common, no matter where you go, is that they are spirits that inhabit the world around us and often operate by strange and often odd laws. That's about where the similarities end, and where the amazingly diverse concepts that are the fae begin.



We've all heard of the winged fairies that flit around flowers and are always drawn like butterfly-winged cherubs of slight form, but did you know that Dwarves and Gnomes are also part of the fae family? These creatures were common among the Germanic folk, and especially those who worked in mines and mountains.

How to Celebrate Fairy Day

Celebrate Fairy Day by participating in one of the many festivals and celebrations that have formed around the world to honour these mythical creatures. Or you can have a little festival at home by having a fairy themed party with your friends and family! Whatever you do, don't forget to honour the fae in your own home by leaving out a plate with cookies and a small portion of milk.



MAKING A DIFFERENCE

Kid's health and wellbeing:

We hear about it constantly but it doesn't solve the problem... our nation is becoming more inactive and suffering weight challenges more than ever before. Australian Government statistics suggest that 2 in 3 adults and 1 in 4 children are overweight or even obese. Why is this happening? and what can we do about it before it starts causing lifelong health issues like cardiovascular disease or type 2 diabetes not to mention mental health issues?



When reflecting on the good old days of our country's older generation's childhood, my how the times have changed. We were active, out and about in the great outdoors whenever we could until Mum called us in for dinner and even then it was a tough choice- more play time or food? We would be running, throwing, catching, chasing or climbing anything that looked fun, we were fearless and always active. This change is serious; the effects of modern technology are creating a genuine health risk to the most important generation of our country- our kids! How do we do something about it before the children of our future become indoor screen addicts? Technology has and will continue to change our world, no doubt for the better however, we must actively instil device control with our kids before they forget how to be kids and have fun!

It is recommended children aged from 5-18 years spend around 45 minutes each day being active away from screens and the sofa. Being active daily is guaranteed to elevate their heart rate, give them cute little rosy cheeks and get a sweat up but more importantly, help them understand how great your body and mind feel when you exercise daily, plus how much fun being physically active is!

Parents are the key here; we all know how easy it is to pop a screen in front of the little ones to keep them from misbehaving (or to give us some peace and quiet!) however we hope parents will start to understand the extensive benefits their kids will find from using their creativity and being more active instead of letting the screen babysit. Children must learn from a young age and understand the importance of a healthy and active lifestyle. Without intervention, our children will become stuck in a cycle where being active is a 'chore'.

The time is now- let's get children more active and make sure they have lots of fun doing it! Being active and engaging in physical activities each day will not only put a smile on their faces and sparkle in their eye, it will be the highlight of their day plus have many advantageous health and wellbeing benefits- they will sleep better, be more positive, have more energy and be happier!

Sport and fitness develops a child's confidence and self-esteem that is critical for their development. Without this, a child can potentially suffer various mental health issues if they don't feel they are capable of being active, part of a team or have fun with other kids.

It is vital that parents explore different options in an effort to make physical activity for children fun again and not too competitive, challenging or even boring. Try a few different sports or fitness based activities to figure out together what they enjoy most or excel at. Most importantly get them moving!

SUBWAY LUNCH ORDERS 2017

Subway lunches are on **FRIDAYS ONLY** - orders are collected on **THURSDAY at 9.00am**

Place money and order in an envelope or bag marked clearly with child's name and Group and give to the classroom teacher. **Separate orders are required for each child. Correct money is required, no change will be given.**

Please note that Subway do not put butter on their rolls.

**** PLEASE MAKE SURE YOU CIRCLE WHICH NUMBER YOU WISH TO ORDER – YOU ALSO NEED TO CIRCLE WHAT SALAD ITEMS YOU WOULD LIKE**

CHILD'S NAME GROUP

1.	Six inch Vegetarian Delight Sub: Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.50
2.	Six inch Sub: Ham Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.70
3.	Six inch Sub: Chicken Pieces Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$6.70
4.	Six inch Sub: Roast Beef Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$6.00
5.	Six inch Sub: BMT (Salami & Ham) Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$6.00
6.	Six inch Sub: CLUB (Ham, Turkey & Roast Beef) Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$6.00
7.	Four Inch Sub: Ham Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.20
8.	Four Inch Sub: Turkey Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.20
9.	Four Inch Sub: Roast Beef Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.30
10.	Four Inch Sub: Chicken Pieces Cheese Lettuce Tomato Cucumber Carrot Salt / Pepper Mayonnaise	\$4.90
11.	90 cents for a Cookie	.90
	TOTAL money enclosed	\$

Please Note: Late orders will not be accepted