Welcome Back!
The second term has begun after a very unusual first week – only two days of school. A number of exciting activities are planned for this term, so keep a careful watch on the Diary Dates.

Meanwhile, it struck me that on those first days of term, so many children seemed very happy to be here. I also came upon some interesting facts about the benefits of smiling: and thought it worthwhile sharing.

1. Forcing ourselves to smile boosts our mood
2. It boosts our immune system
3. Smiles are contagious
4. It lowers our blood pressure
5. Smiling is a universal sign of happiness
6. Smiles use from 5 to 53 facial muscles
7. Smiling relieves stress
8. You feel good when you smile (it releases endorphins, natural painkillers and serotonin)
9. Smiling makes us attractive – it lifts our faces and makes us appear younger! (I like that one)
10. Smiling helps you stay positive

So Go To It!
Smile at someone and check out the results!

Helen Miller
Principal

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ART ROOM - WANTED

Teachers in the Art Room are in need of the following items:

- Clean meat trays
- Clean foil/BBQ trays
- Magazines
- Catalogues

If you are able to help then please leave them at the office. Thank you.

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TERM ONE was a busy term in our Art classes. We focussed on Drawing. The grade 3 and 4 classes discussed abstract art. The students were required to draw a portrait with their eyes closed and in a continuous line. Then the shapes were coloured in with bright pastels. The students were surprised with the outcome. Here are some examples from the students. There are many more displayed around the school along with art work created by other classes. This term we will focus on collage, which will be lots of fun!

BIRTHDAY GREETINGS

“Happy Birthday” to Adriana, Ellen, Jake P., Bonnie, Nijen, Keith, Amy M., Twila, Annelise, Joshua S., Jordan T. and Simeon.

who are all celebrating their birthdays this week, or a few of these children celebrated last week.

SCHOLASTIC BOOK CLUB

All Scholastic Book Club orders and money are due back at school by Friday the 9th of May. Orders and money must be given to the class teachers.

SPORTS TRAINING – YEAR 5/6

Inter-School sports training for this term is:

- Tuesday lunch time – Soccer
- Wednesday lunch time – Teeball
- Thursday before school – Football
- Thursday lunch time - Netball

PASCOE VALE GIRLS COLLEGE

Lake Avenue, Pascoe Vale.

Pascoe Vale Girls College invites prospective students and their parents to attend one of our information sessions at our College. You will have the opportunity to meet College leaders and hear about our curriculum and programs offered to our students. This will be followed by a tour of the College.

The information sessions will occur on the following days at 11:00am:

- Tuesday 29th April
- Thursday 1st May

An evening session is also available commencing at 7:00pm on:

- Wednesday 30th April

Bookings are essential. Please phone the College on 9306 2544 to reserve a place.

RESERVOIR HIGH SCHOOL

855 PLENTY ROAD, RESERVOIR.

Reservoir High invites you to attend our Showcase and Information Evening on Thursday 1st May 2014 at 7:00pm in the Library.
Reservoir High are also welcoming Applicants for our 2015 SEAL Program and our 2015 Scholarship Program. Application forms can be downloaded from our website www.reservoirhs.vic.edu.au or obtained from the General Office. Please complete and return it to Reservoir High by Wednesday 7th May 2014.

For more information phone 9470 3555 or go to www.reservoirhs.vic.edu.au

PARENTS GROUP UPDATE and Meeting

There has been a lot of interest from parents in forming a Parents Group to support the work of the school. With Term 2 underway we’d like to meet to catch-up with interested parents and talk about ideas for the term.

Some parents have indicated that while they’d love to participate, it’s difficult to commit to regular involvement. Please be aware that you can help out as little or as much as you’d like – contributing to a one-off event, or in an ongoing way. We’d love to hear from as many people as possible.

If you’d like to find out more, come along to the meeting, or make contact with us. We’d love to hear from you!

Meeting details
Friday 16 May, School library, 2.00 (before assembly)

Contact
• Beth Dolan (Thomas’s mum) : ph 0425 836 451;
  email bdolan@fastmail.com.au

For anyone interested in the Reservoir PS Parents Group, there’ll be meeting next week to catch-up and talk about ideas for Term 2.

FREE EVENTS AROUND MELBOURNE

(FREE) Port Open Day Boat Tours
*Last Sunday of the month*
Visit Australia’s busiest container terminal at Swanson Dock. See the massive ships and cranes up close and learn more about the port in these guided boat tours. Departs Gem Pier, Williamstown: 9am and 11am (90 min return). Will not run in July and December. Victoria Harbour Docklands: 1:45pm, 3pm and 4:15pm (60 min return) 96831565 portomelbourne.com

FREE Fitzroy Gardens Daily
Historic gardens where families can have a picnic or see the conservatory, fairies’ tree, model Tudor village, Captain Cook’s cottage as well as statues and fountains. Free guided walking tours every Wednesday, 12:30pm. Fitzroy Gardens 230-298 Wellington Pde, East Melbourne. 9658 9658 melbourne.vic.gov.au

(FREE) State Library of Victoria

Melbourne Museum
EXHIBITION: AZTECS 9 April- 10 August 2014
An epic story of Life and Death
Ancient Civilisation of the Aztecs rises again in a stunning new exhibition.
The Aztecs emerged as the dominant force in central Mexico in the 15th century but Spanish invaders put an end to their empire after only 200 years. Melbourne Museum has worked in partnership with the Museum of New Zealand Te Papa Tongarewa in Wellington and Sydney’s Australian Museum to bring the exhibition to Australia.

WE NEED YOUR HELP!!
Many parents are very concerned about our children crossing High Street up near the train crossing. These kids walk over to the other side of the railway line. As you know the traffic in High Street is very fast and includes large trucks as well as buses. We also know from experiences that cars and trucks just do not stop when the light turns red.
Hence the danger to our kids; they assume when the green light tells them to walk that it is safe.
School Council is trying to have the crossing supervised, and has prepared a petition to present to Darebin Council.
Copies are at the office if you wish to add your name.
We encourage all parents to come and sign this petition.

Ride 2 School Report March.
On Wednesday the 19th of March we participated in the National Ride to School day. It was another successful day.

We had 59 students either ride their bike, skateboard or scooter to school and 97 students who walked to school. This means that 70% of the students at our school participated.

We managed to increase participation by 20% this month so that is a fantastic effort!
We hope to continue to increase our participation next month and achieve an even better result. Remember if you live too far to walk, ride or scoot you can always come half way by car and then walk or ride the remainder of distance.

Did you know that a Danish survey in 2013 on children who rode their bike or walked to school showed that they have the ability to concentrate better? The survey looked at nearly 20,000 Danish children between the ages of 5 and 19. It found that kids who cycled or walked to school, rather than traveling by car or public transportation, performed measurably better on tasks demanding concentration, such as solving puzzles, and that the effects lasted for up to four hours after they got to school.

So often parents ask teachers how can I help my child to learn at school. Well perhaps we can start by getting them to walk or ride to school each day. It will not only improve their fitness and well-being but also their ability to concentrate and learn at school.

We look forward to our next ride to school days coming up in term two Wednesday May 14th.

PERFORMING ARTS

Dragons
Dragons have featured in story from the earliest myths and legends to the books of today. They fall roughly into two types: European and Oriental.
The European dragon is typically a large, fire breathing, barbed-tongued, scaled, reptilian creature with large wings and a dangerous barbed tail which it can use to hurt the enemy. It is usually evil. It is thought to have originated from the chaos dragon, Tiamat of Sumerian myth.
The Oriental dragon is a benevolent creature. There is a variety of Oriental dragons. They can vary in size from being small and of similar size to a caterpillar to so large that they can darken the earth by blotting out the sun. Like the European dragon they are wise and can pass on wisdom.
During one of our Performing Arts lessons Years 3 and 4 students were delighted to meet some dragons, share their knowledge and learn some new facts. We even had a glimpse of a diary that belonged to a wizard. There were figurines/artefacts and plush toys.
There are dragons in literature, mythology, songs,
games (Spyro), sport (St. George Illawarra Dragons, FC Porto- a Portugese football club), toys, comics and puppetry.
For true believers only and those who love to read look out for some of these titles:

**The Hobbit** by JRR Tolkien

**Dragonology: The complete book of Dragons** by Dr. Ernest Drake

**How to train your Dragon** by Cressida Cowell

**There’s no such thing as a dragon** by Jack Kent

**Eragon** by Christopher Paolini

**The discovery of Dragons** by Graeme Base

**Ferno the Fire Dragon** (Beast Quest) by Adam Blade

**How Droofus the dragon lost his head** by Bill Peet

Thank you everybody.

**Maria Phokos**

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AN EVENING WITH THE BIRDS OF THE MERRI CREEK

Join us for an informative talk on the birds of the Merri Creek. Learn about our feathered friends who share the creek corridor with us and the ways they have adapted to living in the urban environment. There will also be information on the Friends of the Merri Creek Bird Survey and how you can become involved in it.

**Where:** Harry Atkinson Centre, Lake Grove Nth Coburg (Melway 17 H10)
This is a FREE event with a light supper provided.

**When:** Tuesday 29th April, 7.30-9.00pm

**Bookings:** Contact Jane Bevelander:
jane@mcmc.org.au or 93808199

RESERVOIR COLTS JUNIOR FOOTBALL CLUB
CRISPE PARK, GLOUCESTER STREET
RESERVOIR (Melway 18E7)

We are still seeking new players (Girls and Boys) 8 to 16 years of age. No previous playing experience necessary.

Training: Wednesdays at 5pm.
Great facilities, training, community spirit and involvement.
Team work and perseverance spur on the Colts.

Contact Les on 0421 141 886 or Steve 0412 080 065

Outstanding Auskick Program also available.
“Reservoir Auskick” 5 – 9 years on Wednesdays at 5pm
Subway lunches are on FRIDAYS ONLY - orders are collected on THURSDAY at 9.00am.

Place money and order in an envelope or bag marked clearly with child’s name and Group and give to the classroom teacher. **Separate orders are required for each child. Correct money is required, no change will be given.**

Please note that Subway do not put butter on their rolls.

**PLEASE MAKE SURE YOU CIRCLE WHICH NUMBER YOU WISH TO ORDER – YOU ALSO NEED TO CIRCLE WHAT SALAD ITEMS YOU WOULD LIKE**

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11. 80 cents for a Cookie | .80 |

**TOTAL money enclosed** $